

Discharge Instructions After Your *Teplizumab* Infusion

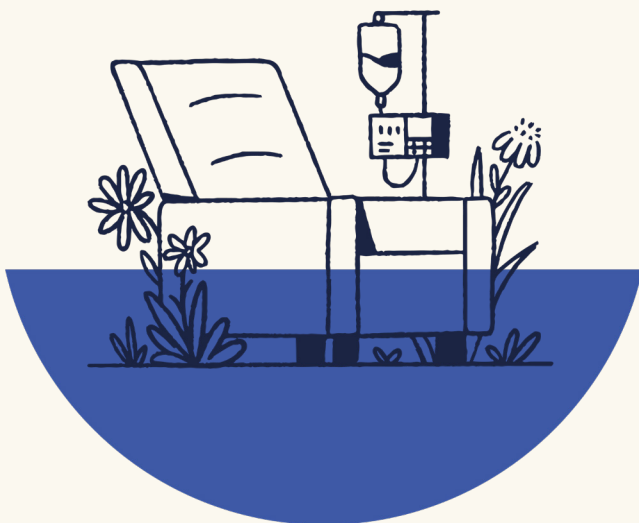
Resuming Normal Activities

After your infusion, you can generally resume your normal activities. Some people feel tired and prefer to rest, and some don't! It's okay to resume your routine if you feel up to it—just listen to your body and rest when needed.

IV Site Care

Bruising and mild discomfort at the IV site are common and should disappear in a few days. You may use a cold compress for comfort today. After that, applying warmth (such as a heating pad) can help with any bruising. Be careful not to freeze or burn the skin.

If you notice changes near your IV site, such as pain, redness, drainage, numbness or tingling, or any other concerning symptoms, contact your healthcare provider.



If you have any questions or concerns after your infusion, contact your healthcare provider or infusion center.

Side Effects

Teplizumab works by interacting with your immune system. This can cause a temporary reaction called **cytokine release syndrome (CRS)** in some people. It's not an infection or contagious—it's just your body's immune response kicking in.

CRS is usually mild and goes away independently, but it can make you feel tired or achy for a few days.

In rare cases, it can be more serious. Your healthcare provider may have given you instructions or prescriptions to help manage symptoms at home, such as:

- **Acetaminophen (Tylenol) or ibuprofen (Advil) for fever, headache, or body aches**
- **Antihistamines for rash or itching**
- **Anti-nausea medications if you're feeling sick to your stomach**



Get medical attention right away if you experience new or concerning symptoms, such as:

- Dizziness or lightheadedness
- Trouble breathing
- Itching, swelling, or hives (raised, itchy areas of skin)
- Swelling of the hands, face or mouth
- Wheezing (noisy breathing that may sound musical or like whistling)

*This is not a complete list of possible symptoms. Call your medical provider for any symptoms that are severe or concerning to you.